

RAINBOW'S END NUTRITIONAL INFORMATION

** Nutritional information is based on a 45% overrun **



LIVE & ACTIVE CULTURES SEAL OF APPROVAL	KOSHER CERTIFIED - DAIRY	Calories (based on 4 fl oz serving size)	Percent of Daily Values are based on a 2,000 calorie diet																
			Calories from Fat	Fat (g)	% DV Fat	Saturated Fat	% DV Saturated Fat	Trans Fat	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A

Classic Non Fat Frozen Yogurt			Percent of Daily Values are based on a 2,000 calorie diet																				
Banana (#13570)	✓	✓	110	0	0	0%	0	0%	0	1	0%	72	1%	25	8%	0	0%	17	3	0%	10%	1%	0%
Belgian Chocolate (#13505)	✓	✓	111	0	0	0%	0	0%	0	1	0%	56	1%	25	8%	1	4%	16	3	0%	10%	1%	0%
Caffe Latte (#F4699)	✓	✓	110	0	0	0%	0	0%	0	2	0%	102	2%	24	8%	0	0%	17	3	0%	13%	1%	1%
Cappuccino (#13555)	✓	✓	113	0	0	0%	0	0%	0	1	0%	57	1%	25	8%	0	0%	18	2	0%	9%	1%	1%
Carmel Cream (#13605)	✓	✓	113	0	0	0%	0	0%	0	1	0%	73	1%	25	8%	0	0%	17	3	0%	10%	1%	0%
Cheesecake (#13535)	✓	✓	110	0	0	0%	0	0%	0	1	0%	75	1%	23	8%	0	0%	17	3	0%	10%	1%	0%
Chocolate Milk Shake (#13500) *	✓	✓	111	0	0	0%	0	0%	0	2	0%	90	2%	23	8%	1	3%	21	5	0%	16%	2%	0%
Chocolate Obsession (#13511)	✓	✓	107	0	0	0%	0	0%	0	1	0%	54	1%	24	8%	1	4%	16	3	0%	9%	1%	0%
Chocoluck (#F2737)	✓	✓	113	0	0	0%	0	0%	0	1	0%	102	2%	26	9%	1	4%	17	3	0%	11%	1%	0%
Coconut Cream Pie (#13580)	✓	✓	113	0	0	0%	0	0%	0	1	0%	73	1%	26	9%	0	0%	18	3	0%	10%	1%	0%
Eggnog (#13530) - Seasonal	✓	✓	116	0	0	0%	1	5%	0	12	2%	64	1%	26	9%	0	0%	18	3	0%	10%	1%	3%
French Vanilla (#13515)	✓	✓	109	0	0	0%	0	0%	0	1	0%	71	1%	25	8%	0	0%	17	3	0%	10%	1%	0%
Green Tea (#13743)	✓	✓	111	0	0	0%	0	0%	0	1	0%	70	1%	25	8%	0	0%	18	3	0%	10%	1%	0%
Irish Mint (#13565)	✓	✓	113	0	0	0%	0	0%	0	1	0%	73	1%	25	8%	0	0%	18	3	0%	10%	1%	0%
It's Vanilla/Funilla (#F10332)	✓	✓	111	0	0	0%	0	0%	0	2	0%	111	2%	25	8%	0	0%	17	3	0%	13%	1%	1%
Moon Pie (#13749)	✓	✓	126	0	0	0%	0	0%	0	1	0%	105	2%	29	10%	0	0%	20	3	0%	12%	1%	0%
Peppermint Stick (#13600)	✓	✓	113	0	0	0%	0	0%	0	1	0%	73	1%	25	8%	0	0%	18	3	0%	10%	1%	0%
Pistachio (#13620)	✓	✓	113	0	0	0%	0	0%	0	1	0%	73	1%	26	9%	0	0%	18	3	0%	10%	1%	0%
Plain (#13575)	✓	✓	111	0	0	0%	0	0%	0	1	0%	72	1%	25	8%	0	0%	18	3	0%	10%	1%	0%
Pumpkin (#13525) - Seasonal	✓	✓	118	0	0	0%	0	0%	0	1	0%	70	1%	27	9%	0	0%	19	2	0%	10%	1%	0%
Raspberry (#13615)	✓	✓	112	0	0	0%	0	0%	0	1	0%	73	1%	25	8%	0	0%	17	3	0%	10%	1%	0%
Strawberry Fields (#F10331)	✓	✓	111	0	0	0%	0	0%	0	1	0%	99	2%	25	8%	0	0%	18	3	0%	11%	2%	1%
Vanilla Bean (#13698)	✓	✓	111	0	0	0%	0	0%	0	2	0%	111	2%	25	8%	0	0%	17	3	0%	13%	1%	0%
Vanilla Malt (#13545) *	✓	✓	111	0	0	0%	0	0%	0	2	0%	86	2%	24	8%	0	0%	17	4	0%	14%	1%	0%
Very Strawberry (#13520)	✓	✓	103	0	0	0%	0	0%	0	1	0%	64	1%	23	8%	0	0%	18	3	0%	10%	1%	0%
Very Vanilla (#13550)	✓	✓	113	0	0	0%	0	0%	0	2	0%	73	1%	25	8%	0	0%	17	3	0%	11%	1%	0%

Low Fat			Percent of Daily Values are based on a 2,000 calorie diet																				
Butterfingers (#13699)	✓	✓	115	9	1	1%	0	0%	0	1	0%	71	1%	24	8%	0	0%	17	3	0%	10%	1%	1%
Chocolate Overload (#13751)	✓	✓	120	16	2	3%	1	5%	0	6	2%	61	3%	24	8%	1	4%	16	3	1%	10%	1%	0%
Cookies & Cream (#13689) *	✓	✓	118	6	1	1%	0	0%	0	1	0%	85	2%	26	9%	0	0%	18	3	0%	10%	1%	1%
Cup Cake (#13756)	✓	✓	129	7	1	1%	0	0%	0	2	1%	147	6%	27	9%	0	0%	18	3	0%	13%	1%	1%
Heath Toffee Crunch (#F1908)	✓	✓	131	17	2	3%	1	3%	0	3	0%	134	3%	26	9%	0	0%	18	3	1%	12%	1%	0%
Mounds Bar (#13610)	✓	✓	111	4	1	1%	0	0%	0	1	0%	55	1%	25	8%	1	4%	16	3	0%	9%	1%	0%
Peanut Butter Cup (#13540)	✓	✓	136	21	2	4%	0	0%	0	1	0%	127	2%	26	9%	1	3%	19	3	0%	10%	1%	3%
Peanut Butter Gold (#13691)	✓	✓	129	22	2	4%	0	0%	0	1	0%	129	2%	24	8%	1	3%	18	4	0%	10%	1%	3%
Peanut Butter Supreme (#F1914)	✓	✓	129	22	2	4%	0	4%	0	1	0%	129	2%	24	8%	1	3%	17	3	0%	10%	1%	3%
Red Velvet Cake (#13757)	✓	✓	125	17	2	3%	1	4%	0	6	2%	105	4%	25	8%	1	3%	16	3	1%	10%	1%	1%
Yellow Cake Batter (#13685) *	✓	✓	132	8	1	1%	0	0%	0	2	0%	151	3%	28	9%	0	0%	18	4	0%	13%	1%	1%

Classic Sorbet			Percent of Daily Values are based on a 2,000 calorie diet																				
Hawaiian Delight (#13694)	SORBETS DO NOT CONTAIN DAIRY PRODUCTS	✓	104	0	0	0%	0	0%	0	0	0%	14	0%	26	9%	0	0%	16	0	0%	0%	0%	0%
Kiwi Strawberry Sorbet (#13695)		✓	104	0	0	0%	0	0%	0	0	0%	14	0%	26	9%	0	0%	17	0	0%	0%	0%	0%
Limeade Sorbet (#13754)		✓	109	0	0	0%	0	0%	0	0	0%	13	1%	27	9%	0	0%	18	0	0%	0%	1%	0%
Mango Sorbet (#13696)		✓	94	0	0	0%	0	0%	0	0	0%	13	0%	24	8%	0	0%	17	0	0%	0%	0%	0%
Pink Lemonade Sorbet (#13753)		✓	104	0	0	0%	0	0%	0	0	0%	19	1%	26	9%	0	0%	18	0	0%	0%	16%	0%
Rasp/Pomegranate Sorbet (#13747)		✓	110	0	0	0%	0	0%	0	0	0%	14	0%	28	9%	0	0%	19	0	0%	0%	1%	0%
Watermelon Sorbet (#13744)		✓	120	0	0	0%	0	0%	0	0	0%	16	0%	29	10%	0	0%	22	0	0%	0%	0%	0%

Classic No Sugar Added			Percent of Daily Values are based on a 2,000 calorie diet																				
Boysenberry (#13684)	✓	✓	85	0	0	0%	1	3%	0	2	0%	100	2%	19	6%	0	0%	7	4	0%	14%	1%	0%
Chocolate (#13682)	✓	✓	86	0	0	0%	1	3%	0	2	0%	100	2%	19	6%	1	3%	7	4	0%	14%	1%	0%
Cinnamon Bun (#13686)	✓	✓	87	0	0	0%	1	3%	0	2	0%	96	2%	21	7%	2	8%	7	3	0%	13%	1%	0%
French Vanilla (#13680)	✓	✓	91	0	0	0%	1	3%	0	2	0%	108	2%	19	6%	0	0%	8	4	0%	16%	2%	0%
Pecan Praline (#13683)	✓	✓	85	0	0	0%	1	3%	0	2	0%	99	2%	20	7%	2	9%	7	3	0%	13%	1%	0%
Plain (#13650)	✓	✓	91	0	0	0%	1	3%	0	2	0%	108	2%	19	6%	0	0%	8	4	0%	16%	2%	0%
Strawberry Banana (#13651)	✓	✓	87	0	0	0%	1	3%	0	2	0%	102	2%	18	6%	0	0%	7	4	0%	15%	3%	1%

Tart			Percent of Daily Values are based on a 2,000 calorie diet																				
Blueberry/Pomegranate Tart (#13742)	✓	✓	83	3	1	1%	0	0%	0	1	0%	35	1%	18	6%	0	0%	18	2	0%	8%	1%	0%
Classic Tart (#13690)	✓	✓	90	0	0	0%	0	0%	0	1	0%	34	1%	20	7%	0	0%	14	2	0%	8%	1%	0%
Creamy Tart (#13697)	✓	✓	101	0	0	0%	0	0%	0	1	0%	40	2%	23	8%	0	0%	16	2	0%	7%	1%	0%
Green Apple Tart (#13748)	✓	✓	94	3	1	1%	0	0%	0	1	0%	40	1%	20	7%	0	0%	20	3	0%	9%	1%	0%
Juicy Peach Tart (#13741)	✓	✓	74	3	1	1%	0	0%	0	1	0%	33	1%	16	5%	0	0%	16	2	0%	8%	1%	0%
Mango Tart (#13740)	✓	✓	77	3	1	1%	0	0%	0	1	0%	33	1%	16	5%	0	0%	17	2	0%	8%	1%	0%
Pineapple Tart (#13687)	✓	✓	87	3	1	1%	0	0%	0	1	0%	32	1%	19	6%	0	0%	16	2	0%	7%	1%	0%

Custard			Percent of Daily Values are based on a 2,000 calorie diet																				
Chocolate Custard (#13752)	DOES NOT CONTAIN CULTURES	✓	171	86	10	15%	6	28%	0	51	17%	33	1%	20	7%	1	3%	14	3	7%	1%	8%	1%
Vanilla Custard (#13755)	✓	✓	170	81	9	14%	6	28%	0	50	17%	40	2%	20	7%	0	0%	15	3	7%	9%	1%	1%

* Product Contains Gluten

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